UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 144

Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker.
(Please type or print)
(Please type or pri

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

STREET

OMB APPROVAL						
OMB Number: 3235-						
0101						
Expires: May 31, 2017						
Estimated average						
burden						
hours per						
response 1.00						
SEC USE ONLY						
DOCHMENT						

SEQUENCE NO.

CUSIP NUMBER WORK LOCATION ZIP

STATE CODE TELEPHONE NO 10022 NUMBER

CITY

STATE ZIP CODE York

INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the S.E.C. File Number. SEC USE ONLY Aggregate Market Value Title of the Number of Shares Number of Shares Approximate Name of Each Broker-Dealer or Other Units To Be Sold Class of Securities Name and Address of Each Broker Through or Other Units Outstanding Date of Sale Securities Exchange File Number om the Securities are to be Offered or Eac (See instr. 3(f)) (MO. DAY YR.) To Be Sold Market Maker who is Acquiring the Securitie (See instr. 3(c)) (See instr. 3(d) (See instr. 3(g)) TD Ameritrade, Inc. 200 South 108th Avenue \$145,416 as of 2/2/2017 based on \$8.76 closing 16 600 347 643 717 at 11/2/2016 /6/2017 VYSE maha, NE 68154 price on NYSE

ISSUER

(b) RELATIONSHIP TO

INSTRUCTIONS:

ATTENTION:

SOLD

Brad Farrell

- 1. (a) (b)
- Name of issuer Issuer's I.R.S. Identification Number Issuer's S.E.C. file number, if any

Two Harbors Investment Corp.

1 (d) ADDRESS OF ISSUER

590 Madison Avenue, 36th Floor

- (c) (d)
- Issuer's address, including zip code
 Issuer's telephone number, including area code

- Name of person for whose account the securities are to be sold Such person's relationship to the issuer (e.g., officer, director, 10% stockholder, or member of immediate family of any of the foregoing)

NAME OF PERSON FOR WHOSE ACCOUNT THE SECURITIES ARE TO BE

(c) Such person's address, including zip code

Title of the class of securities to be sold Name and address of each broker through whom the securities are intended to be sold

Number of shares or other units to be sold (if debt securities, give the aggregate face amount) (c) (d)

- Aggregate market value of the securities to be sold as of a specified date within 10 days prior to the filing of this notice

 Number of shares or other units of the class outstanding, or if debt securities the face amount thereof outstanding, as shown by the most recent report or

 statement published by the issuer

New York

(c) ADDRESS STREET

590 Madison Avenue, 36th Floor

- Approximate date on which the securities are to be sold (f)
- e of each securities exchange, if any, on which the securities are intended to be sold

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1147 (08-07)

TABLE I - SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of Person from Whom Acquired (If gift, also give date donor acquired)	Amount of Securities Acquired	Date of Payment	Nature of Payment
Common Stock	2/5/2014	Restricted Stock Award, granted pursuant to Issuer's Second Restated 2009 Equity Incentive Plan	Two Harbors Investment Corp.	16,600	n/a	n/a

INSTRUCTIONS:

If the securities were purchased and full payment therefor was not made in cash at the time of purchase If the securities were purchased and thin payment meretor was not made in each at the time of purchase explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment

TABLE II — SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

			Amount of Securities	
Name and Address of Seller	Title of Securities Sold	Date of Sale	Sold	Gross Proceeds

REMARKS: The reporting person anticipates selling the shares for the purpose of satisfying income tax liabilities incurred upon vesting of the restricted stock award.

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

2/3/2017 DATE OF NOTICE 5/9/2016

DATE OF PLAN ADOPTION OR GIVING OF INSTRUCTION, IF RELYING ON RULE 10B5-1

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

> /s/ Brad Farrell (SIGNATURE)

The notice shall be signed by the person for whose account the securities are to be sold. At least one ne nonce shall be signed by the person jn whose account his securities are to be sold. At teast of copy of the notice shall be manually signed. Any copies not manually signed shall bear typed or printed signatures.

SEC 1147 (02-08)

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)