FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL						
OMB Number:	3235-0287					
Estimated average burden						
ours per respons	se 0.5					

longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1 Nomes	pe Responses	<i>'</i>															
1. Name and Address of Reporting Person *- SANDERS WILLIAM REID			2. Issuer Name and Ticker or Trading Symbol TWO HARBORS INVESTMENT CORP. [TWO]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) _X_Director Officer (give title below)							
TWO HARBORS INVESTMENT CORP., 575 LEXINGTON AVENUE, SUITE 2930				3. Date of Earliest Transaction (Month/Day/Year) 05/16/2019													
NEW YORK, NY 10022				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting Person						
(City	y)	(State)		(Zip)			Ta	ble I - No	n-Dei	rivative	Securitie	s Acqu	ired, Dis	posed of, or	Beneficially (Owned	
1.Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		Execution	A. Deemed execution Date, it ny Month/Day/Year		3. Transac Code (Instr. 8)	4. Securities Acc (A) or Disposed (Instr. 3, 4 and 5		Disposed of	of (D) Benefic		ount of Securities cially Owned Following ed Transaction(s)		6. Ownership Form:	7. Nature of Indirect Beneficial	
					(Monu	1/ Day/ 10	cai)	Code	V	Amou	(A) or (D)	Price	(Ilisti. 3	anu 4)		Direct (D) Owners or Indirect (Instr. 4 (I) (Instr. 4)	
Common \$0.01 per	n stock, par r share	value	05/	16/2019				A		8,239 (1)		\$ 13.35	82,951			D	
									cont					ection of in uired to re	formation spond unles		1474 (9-02
				Table II -				es Acquir	red, D	isposed	l of, or Be	curre neficia	ntly valid		itrol number		
Fr	1_		_		(e.g., pt		s, wa	es Acquin	red, D ptions	isposed	l of, or Be	curre neficia urities	ntly valid	d			T
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/		3A. Deemed Execution Dat	(e.g., pt 4. e, if Tra		5. Non Of Do See Ad (A Di of (In	es Acquin	red, D ptions 6. Dat and E	isposed s, conve te Exerc	l of, or Be ertible securisable on Date	neficia urities) 7. Tit Amou Unde Secur	ntly valid	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect	Beneficia Ownersh (Instr. 4)

Reporting Owners

Penanting Owner Name / Address	Relationships					
Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
SANDERS WILLIAM REID TWO HARBORS INVESTMENT CORP. 575 LEXINGTON AVENUE, SUITE 2930 NEW YORK, NY 10022	X					

Signatures

/s/ W. Reid Sanders, By: Rebecca B. Sandberg, Attorney-in-Fact

**Signature of Reporting Person

05/17/2019

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents a restricted stock award for service as a director, issued under Two Harbors Investment Corp.'s Second Restated 2009 Equity Incentive Plan. This award vests on the first anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.